AADRIKA SHARMA

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LinkedIn
Portfolio

EDUCATION

University of North Carolina at Chapel Hill August 2026-May 2030

Bachelor of Science in Community and Global Public Health| Chapel Hill, NC

Honors and Awards: President's Volunteer Service Award (Gold), AP Scholar with Distinction, National Honor Society, Junior Marshal

Relevant Coursework: CHEM 101/101L, STOR 155, SOCI 180

EXPERIENCE

Shadowing at WakeMed, Select Specialty Hospital, and Carolina Medical Care

Shadower | Cary, NC, Yorktown, VA March 2025 - August 2025

- Observed pulmonologist rounds critical care, and patient-team interactions in Select Specialty's Acute Short Term Care unit over a weeklong placement
- Observed phlebotomy and lab workflows in WakeMed Pathology and helping draw blood from patients. Worked within geriatric care at Carolina Medical Care, assisting staff with tasks and interacting with patients

Vero Diagnostics

Intern | Apex, NC July 2025-August 2025

- Learned how hospital labs test for disease such as Covid-19 and UTIs, from sample handling to results. Organized testing materials, logged data, and reviewed test results during a 40 hour per week internship.

Triangle Aquatic Center

Lifeguard| Cary, NC August 2023-August 2024

- Guard patrons and respond to injuries and emergencies, am certified in CPR/AED for Professional Rescuers and First Aid. Maintained facility cleanliness and safety standards and interact with patrons throughout each shift.

National High School Journal of Science (NHSJS)

Lead Researcher| Cary, NC September 2024-September 2025

- Led a study with Liberty University School of Medicine professor/pulmonologist comparing diet and lifestyle of Indians/Nepalis in NC/VA with those in India/Nepal to identify health differences
- Wrote and submitted the paper, accepted for publication in NHSJS

LEADERSHIP AND COMMUNITY INVOLVEMENT

POE Center for Health Education | Raleigh, NC August 2022- Present

Group Leader

- Presented at vaping-risk project (popcorn lung, vaping lipid pneumonitis) at the Wake County Tobacco-Free Community Forum and to state legislators supporting the Tobacco 21 law.
- Featured in WRAL's *Gen-V* documentary, led Escape the Vape week at Green Level High School where I organized guest speakers and lead clubs in planning activities, and wrote ant-vaping articles for Saathee Magazine.

Life Safety Organization | Cary, NC January 2023 - May 2026

Founder

- Founded a student-led water safety organization and presented at libraries, community events, and to the local town council and police to raise drowning awareness. Partnered with Cary police for their project PHOINEX where we went to underserved communities to present on water safety to children.

American Heart Association Club, Green Level High School | Cary, NC October 2023 - May 2026

President

- Led advocacy planning, trivia events, and volunteer activities, and led an activity for the school's Gator Day mental health event where we quizzed students on heart-healthy habits. Raised $500 in Kids Heart Challenge, collected 110+ cards for hospital patients.

ADDITIONAL INFORMATION

Certifications: CPR/AED for Professional Rescuers and First Aid (American Red Cross), Certified Lifeguard

Languages: English (native), Hindi (conversational), French (basic)